



# BEDFORD BOROUGH COUNCIL

## Minutes

**Title of Meeting:** Mental Health Partnership Board Meeting

**Date of Meeting:** 29<sup>th</sup> January 2013

### Attendees

Name	Job Title:
Simon White	Bedford Borough Council
John Bruynseels	Bedford Borough Council
George Hunt	Bedford Borough Council
Gemma Halfpenny	Bedford Borough Council
Debbie Buck	SEPT
Wilf Deacon	Service User Representative
Sharon Rogers	Carers in Bedfordshire
Cerys Martin	Carers in Bedfordshire
Lianne Bowskill	NHS Bedfordshire
Marek Zamborsky	Bedford Borough Council
Carl Bernard	Bedford African & Caribbean Forum
Alison Fisher	Beds & Luton Mind
Emma Robinson	Pohwer
Richard Gillard	Service User Representative
Andrea Thasan	Apex Care Homes – Provider Representative

No.	Item	Actioned by
1.	<b>Welcome and Apologies:</b> Simon welcomed all to the meeting and noted apologies from Judy Baxter, Jane Hainstock, Caroline Holman, Gill Mason, Chris Bradley-Rushe, Michelle Bradley, Ann Maxhead, Kate Walker and Glenis Orkisz.	
2.	<b>Minutes of the Last Meeting – 30<sup>th</sup> November 2012:</b> The minutes of the last meeting were discussed. One amendment to be made to Personalisation – Cerys and Sharon to	

	<p>attend this group, not share this group.</p> <p>Actions for Michelle Bradley to be forwarded to next meeting.</p>	
<p>3.</p>	<p><b>Mental Health Joint Commissioning Strategy:</b></p> <p>Currently in the process of finishing the Last Strategy 2010 – 2013, thank you for those who have sent back their comments. Would like to have a final run through for any more comments:</p> <p>Strategic Priority 1:</p> <p>Target G on page 4 about developing specialist capacity and challenging behaviour – MZ to follow up with Michelle Bradley. Andrea had discussions with Howard before he went off on sick leave.</p> <p>Target H – Establish primary care mental health teams – Debbie confirmed they are now in place and are based at The Day Resource Centre, all CMHT's are aligned to each of the GP's. Emma interested in what additional resources have been identified, GH would have been written in 2011.</p> <p>Target I - Specialist services for eating disorders – SEPT didn't get QIPP funding to develop the service. BCCG will have the most up to date information.</p> <p>Autistic Spectrum Disorders – SLA in place for specialist social groups from Autism Bedfordshire, training delivered across three tiers locally for carers and professionals.</p> <p>Target J – Personality disorder – Complex Needs team have been developed, offer bespoke prevention, support and group work.</p> <p>Target K – Progress towards reducing suicide – Marek to find out who chairs the meeting.</p> <p>Priority 2 :</p> <p>Item C – Reduce waiting times for assistive technology and equipment – New process in place currently being reviewed, tended with Aragon to provide Telecare.</p> <p>Item H – Kelvin Grove to be looked at specifically, SW to look at what it is delivering and if it is classed as a residential care home.</p> <p>Item I – Accessible services for hard to reach vulnerable groups – Community developers are now in place, ACCA.</p> <p>Carers Assessments – there is a huge number more than what they were, carers café and Bedford Hospital.</p> <p>Supporting Carers who want to take courses and employment.</p> <p>Empower people with mental illness – all the items are in place but Cerys feels the individual does not have any say.</p> <p>Employment Service to produce a directory – Gill Mason to update.</p> <p>Priority 4:</p> <p>Item G – The Wellbeing Centre, Carers Pack in the GP Surgeries.</p> <p>Item K – Housing Options – for anyone with mental health issues</p> <p>Item L – Ongoing</p> <p>In the new strategy the same format will not be used. All comments will be typed up and put in the report, new strategy will be 2013 – 2017.</p> <p>Marek thanked everyone who had responded with their comments for the</p>	

	<p>action plan. There were 6 actions and a 7<sup>th</sup> has now been added. Richard has written what he feels the strategy should be, Marek asked if Richard could send it to him.</p> <p>Wilf suggested that there should be a strategy with an action plan alongside it on how to achieve each action. Executive summary could also be added to the strategy to shorten it and make it readable for those who don't want to read a 60+ page document.</p> <p>Leaflet/booklet/two page user friendly version of the strategy to be produced to go alongside the full version of the strategy.</p> <p>Richard to send his version to Simon White.</p> <p><b>Action: 2 or 3 page version of the strategy to be put together – Marek</b></p> <p><b>Action: Richard to email his version of the strategy to Marek and Simon</b></p>	
4.	<p><b>Dementia:</b></p> <p>This board is also responsible for the Dementia Strategy therefore should be reporting on it.</p> <p>NHS work streams under the QIPP programme for dementia as there are work streams about early diagnosis, support, increasing the quality of care in residential homes and hospital. Is quite confusing and would like to have one strategy. Gemma to send out the strategy as it is, and ask for comments, GH to send out with the minutes.</p> <p>Wilf – The hospital have a number of committees that could be linked in to.</p> <p><b>Action: Gemma to send out the Dementia Strategy</b></p>	
5.	<p><b>User and Carer Updates:</b></p> <p>Wilf - The users lounge at the hospital is quite well used, the people there are very good.</p> <p>Sharon – first event today at a surgey in Bedford (Wootton), very good, picking up people there, very successful.</p> <p>Cerys – Carers Lounge is going from strength to strength.</p> <p>Emma - Report from SEPT on Day Care Review, is there an update? SW has seen it. Picking up people with mental health issues.</p> <p>Richard – What has helped him is talking to others who have had similar issues, encourage others to support each other, once one has faced mental health issues they can help better support others with mental health issues, someone who is caring and supporting one week will need care and support themselves the next week. Article from The Guardian, 'what doctors wont do' magazine from The Guardian.</p> <p>Carl – Agrees with Richard regarding care in the community but there are a lot of people isolated so there should be more outreach services for the isolated people. Young people have been recording in the studio, recording their own lyrics, getting them an identity, they can achieve given the opportunity to, there should be an outlet for them to participate and enjoy doing something, they are being held back as they are sometimes restricted by medication.</p> <p>Simon thanked all for their views and expressed how helpful it has been.</p>	
6.	<p><b>AOB:</b></p>	

	<p>John – Ageing Well Exhibition – 5<sup>th</sup> June 2013, opportunity for organisations to provide information to the public at The Corn Exchange, contact Claire Minney for further information  <a href="mailto:Claire.minney@bedford.gov.uk">Claire.minney@bedford.gov.uk</a></p> <p>Richard – Personal Budgets, goes straight into the hands on the penny pinchers for instance George Osborne and David Cameron. They have the means of taking it back, if it gets misused and the government can attack it. SW we want people to have more choice and control.</p> <p>Alison – Thinks it is important that the Day Care Review Document is seen here at this Partnership Board Meeting. SW explained that its not his document so would not be able to table it at this meeting. Alison stressed that the document could have been written better, needs to be set up on a better basis, who owns it? Who will be funding it?</p> <p>Marek – Richard to send comments to Marek regarding the shortened strategy.</p>	
7.	<p><b>Date of Next Meeting:</b>  7<sup>th</sup> March 2013, 2pm at St Andrews Church</p>	