



NCFE CACHE Level 2 Award in  
Food Safety in Health and Social Care and  
Early Years and Childcare Settings

NCFE CACHE Level 2 Award in  
Promoting Food Safety and Nutrition in Health and  
Social Care or Early Years and Childcare Settings

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Qualification facts

cache  
nurturing achievement

# About these qualifications

These qualifications will develop the knowledge and skills needed when working with food in health and social care and early years and childcare settings. They are suitable for anyone who may be preparing for a new role, or are working in a role that involves handling food safely and supporting an individual with their nutrition and hydration needs.

The Award in Food Safety in Health and Social Care and Early Years and Childcare Settings is ideal those who don't have access to the workplace but would still like a qualification to help prepare them for further training - as they can complete the knowledge only unit.

The qualifications can also be taken as part of the 'Children and Young People's' or 'Playwork' Apprenticeships as an additional employer requirement.

## Entry requirements

There are no formal entry requirements for these qualifications but learners must be at least 14 years of age.

## Experience in the workplace

Yes you will need to be working, volunteering or on practical placement as you need to show competence in both knowledge and skills.

If you take the knowledge only unit for the Award in Food Safety you do not need access to the workplace.

## Qualification structure

### Level 2 Award in Food Safety in Health and Social Care and Early Years and Childcare Settings

Learners must achieve **2 credits** from the choice of two units.

### Level 2 Award in Promoting Food Safety and Nutrition in Health and Social Care or Early Years and Childcare Settings

To complete the Award in Promoting Food Safety learners must achieve a minimum of **8 credits**. **4 credits** must be achieved from the mandatory units and a further **4 credits** from a choice of optional units.

## Units for the Award in Food Safety in Health and Social Care and Early Years and Childcare Settings

Unit ref no.	Title	Unit type	Level	Credit
A/503/2495	Principles of food safety when providing food and drink for individuals	Knowledge	2	2
T/601/9450	Meet food safety requirements when providing food and drink for individuals	Knowledge/ Skills	2	2

Total guided learning hours for the Award: 15

## Units for the Award in Promoting Food Safety and Nutrition in Health and Social Care or Early Years and Childcare Settings

Unit ref no.	Title	Unit type	Level	Credit
T/601/9450	Meet food safety requirements when providing food and drink for individuals	Knowledge/ Skills	2	2
M/601/8054	Support individuals to eat and drink	Skills	2	2

## Optional units

Unit ref no.	Title	Unit type	Level	Credit
L/503/2601	Contribute to promoting nutrition and hydration in health and social care settings	Knowledge/ Skills	2	4
T/503/2494	Contribute to promoting nutrition and hydration in early years and childcare settings	Knowledge/ Skills	2	4
T/503/2575	Promote nutrition and hydration in health and social care settings	Knowledge/ Skills	3	4
A/503/2576	Promote nutrition and hydration in early years and childcare settings	Knowledge/ Skills	3	4

Total guided learning hours for the Award: 58 - 62

## Assessment

All units are assessed by the Centre. Methods used could include:

- interpretation of knowledge from direct observation of practice in the workplace
- witness evidence
- professional discussion
- reflection on own practice in real work situations
- written assignments
- learner's own plans and written records.

## For more information

Full details of this qualification can be found on our website [www.cache.org.uk](http://www.cache.org.uk) or our secure Centre website: cachezone.



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CACHE was established in 1945 by the Ministry of Health under the name of the National Nursery Examination Board (NNEB). The board set the syllabus for the first national examination which took place in 1947. In 1994 the NNEB merged with the Council for Early Years Awards to form CACHE. In 2001 we incorporated the National Association for Maternal and Child Welfare and in 2015 we became part of NCFE. Over the years we have continually invested in high quality qualifications. Written and developed by experts, they have helped millions of learners across the world to raise professional standards, earning us a reputation for excellence and leadership across the sector. Our continued dedication to those who care for children, young people and adults means that our qualifications will continue to meet the needs of a modern workforce.

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