



Transition

for Young Adults with Learning Disabilities



Transition

Transition means “**change**”.

It is what happens when you start thinking about what you want to do when you leave school and what support you may need.

It is a time to look at what you want in life, and plan the services you may need to support you.

Planning your **transition** starts happening when you are about 13 years old.

A good **transition** means that you will be as independent as possible when you are an adult.

It is important that you know about what will happen and how all of the different changes will affect **you**.

This booklet can help **you**.

What is in this booklet?

1. Who is involved...

2. What happens...

3. Important things to remember...

4. Leaving school...



Who is involved...



Someone who helps you to look after your health



Your parents and family or carers who look after you



Your school or other people who help you with your Special Education Needs (SEN) Officers



Your Social Worker and other people from Children's Services



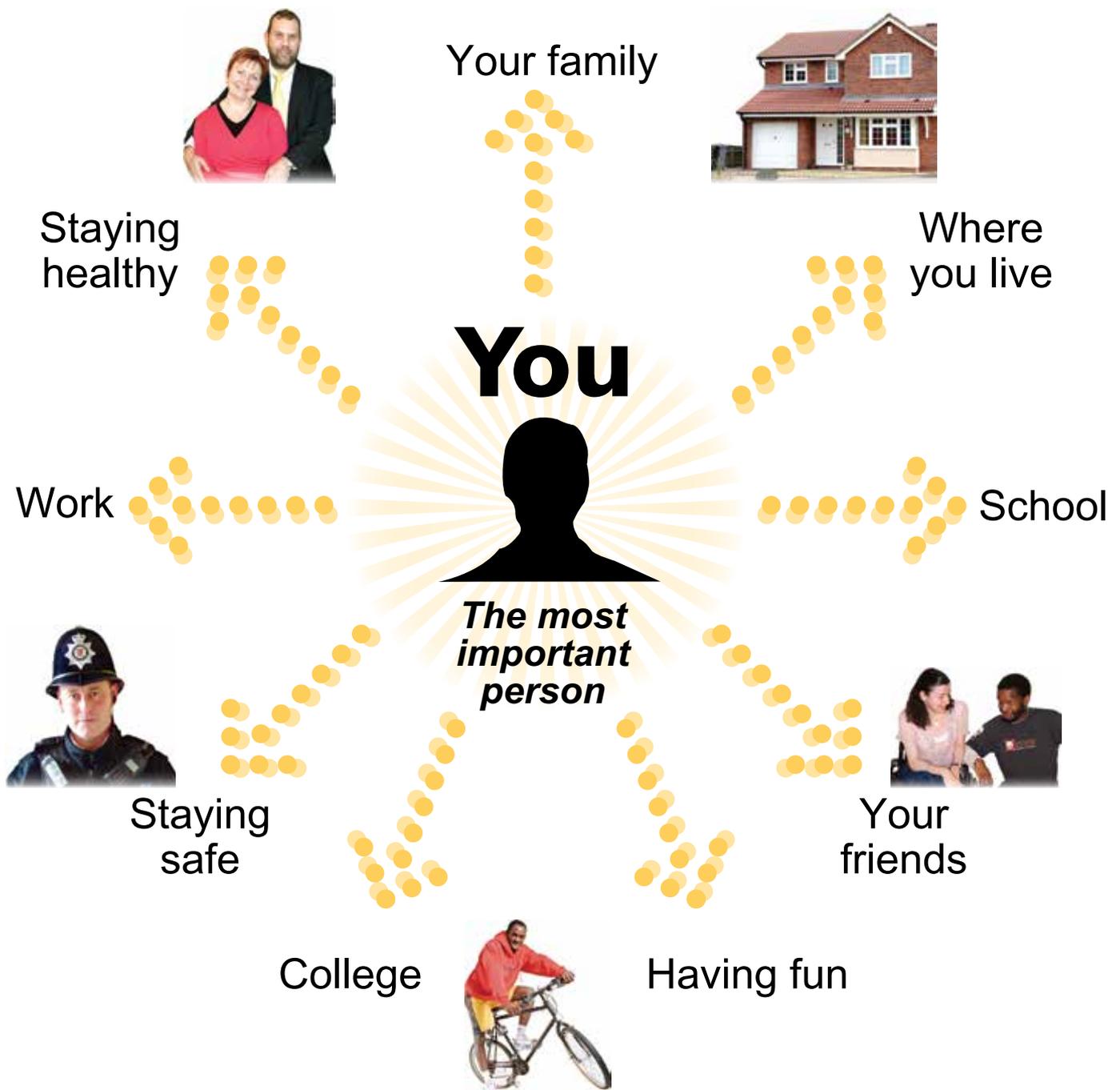
A member of the Adult Learning Disability Team

What happens...

Your views are really **important** when planning for your **transition**.

- Think about what is important to **you**.
- Think of what **you** would like to do in the future.

Here are some ideas...



What happens...

In year 9 you will have an annual review, which your school will arrange. This is a **Transition Review** to review your statement of your educational needs (**SEN**). This is a **meeting**, where you will talk about the things that are important to **you**. Look again at **page 3** for the people who might be at the meeting.

1

Your school will send out letters to all the people who need to come.

2

You will talk about what **you** want to do when you leave school, and what support **you** will need to make that happen.

3

From this meeting, as an outcome of your review you will have a **Transition Plan**. This is all about **you** and:

- the care and support you may need
- your plans and hopes for **your** future



4

Then, every year (or more often if you need to) you will have an **Annual Review**. This is another meeting where everyone makes sure the plan is going well. You will all look at the **Transition Plan** and agree any changes. Sometimes joint work may start before your 18th birthday between the **Children's Disability Team** and the **Adult Learning Disability Team**.

5

The new Children Schools and Families Bill (From September 2014) means that if you have special educational need and disability, you will have an Education and Health Plan (EHC), which will continue to be reviewed annually until you leave education or training, possibly up to when you are 25 years old.'

Important things to remember...

Remember, **you** are the most important person in **your** transition!

1

When you have meetings about your transition, make sure you understand what is going on. Ask people to slow down and explain things to you. Use signs or symbols, anything that can help **you** to understand things better.

2

It is okay to ask questions!



3

At the meeting, make sure that people know what you want. You can ask about ways to find out more information. For example:

- Useful phone numbers
- Websites
- Leaflets of local services



4

You can ask your named worker any questions or problems to do with your transition. The named worker will be a key contact during your transition.

It's YOUR meeting!

Leaving school...

You will **leave school** sometime between the ages of 16 and 19.



1

There will be another review of your **Transition Plan**, and you will have an **opportunity to look into work you want to do.**

2

Before you leave school, your Named Worker will talk to you about the support you need if you start another course or training. This is called a 'Section 139' assessment.

3

Once you are settled in your adult life, some of the people who helped you through your **transition** will change.

4

You may have a new Social Worker from the adult learning disability team. You might also get a new key worker.



5

You may start using **Adult Health Care Services.**

NB: From September 2014 Young People with Special Education Needs and Disability will have an Education and Health Plan that will be reviewed until you leave education or training, possibly up to 25 years of age.

Useful Contacts...

Please use this page to add **your** contacts...

My Named Worker	
My School	
My Doctor (GP)	
Adult Learning Disability Team	

Other Contacts

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Finding out more

If you would like further copies, a large-print copy or information about us and our services, please telephone or write to us at our address below.

Për Informacion

برای اطلاع

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Per Informazione

Za Informacije

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General Enquiries

 01234 267422

 re@bedford.gov.uk

 **Adults and Community Services, Bedford Borough Council**
Borough Hall Cauldwell Street, Bedford MK42 9AP