



# **SEND Advice**

Information, Advice and Support on  
Special Educational Needs and Disabilities

A guide to  
local and national support services  
for  
special educational needs and disabilities

Updated July 2015

## Support Services

<b>Advice on Education/SEN</b>			
National	Achievement for All 3As Ltd	01635 279 499	enquiries@afa3as.org.uk
National	The Advisory Centre for Education (ACE)	General Advice: 0808 800 5793 Exclusions Info Line: 0207 704 9822 Exclusions Advice: 0808 800 0327	http://www.ace-ed.org.uk/ email: enquiries@ace-ed.org.uk
National	IPSEA	Advice Line: 0800 018 4016 Tribunal Helpline: 0845 602 9579	www.ipsea.org.uk email: join mailing list
National	Coram Children's Legal Centre	08088 020 008	www.childrenslegalcentre.com
National	Campaign for State Education (CASE)	07932 14992	www.campaignforstateeducation.org.uk email: contact@campaignforstateeducation.org.uk
National	Education Law Association (ELAS)	0118 966 9866	www.educationlawassociation.org.uk secretary@educationlawassociation.org.uk
National	Home Education Advisory Service	01707 371 854	www.heas.org.uk enquiries@HES.org.uk
Local (MK)	Potential Plus UK	01908 646 433	www.potentialplusuk.org
National	Young Minds	020 7336 8446	www.youngminds.org.uk email: enquiries@youngminds.org.uk
National	Centre for Studies on Inclusive Education (CSIE)	0117 328 4007	www.csie.org.uk email: admin@csie.org.uk
National	Contact a Family	General Advice: 020 7608 8700 Helpline: 0808 808 3555	www.cafamily.org.uk email: http://www.cafamily.org.uk/
National	The Council for Disabled Children	020 7843 1900	www.councilfordisabledchildren.org.uk email: cdc@ncb.org.uk

<b>ADD/ADHD</b>			
National	ADDiSS	020 8952 2800	www.addiss.co.uk email: info@addiss.co.uk
Local	Milton Keynes ADHD Group	01908 676 779 01908 675 110	www.mkadhd.org.uk email: mkadhd@googlemail.com
Local	ADHD/ASD & Behaviour Management Coaching for Families	01234 857 876 Mobile: 07759 037 880	www.adhdtherapybedford.co.uk email: sfuccillo@btinternet.com

<b>Advocacy</b>			
National	Advocacy Matters	0121 321 2377	Email: info@advocacymatters.co.uk

<b>Autism/Aspergers Syndrome</b>			
National	The National Autistic Society	General Advice: 020 7833 2299 Autism Helpline: 0808 800 4104	www.autism.org.uk/ email: nas@nas.org.uk
National	Ambitious about Autism	020 8815 5444	www.ambitiousaboutautism.org.uk
Local	Autism Bedfordshire	01234 350 704	www.autismbedfordshire.net

<b>Bereavement (Support for Children)</b>			
National	Family Lives	0808 800 2222	www.familylives.org.uk
Local	CHUMS Child Bereavement Service, Trauma And Emotional Wellbeing Service	01525 863924	www.chums.uk.com email: info@chums.uk.com

<b>Brain Injury/Neurological Conditions</b>			
National	Cerebra	0800 328 1159	www.cerebra.org.uk email: info@cerebra.org.uk
National	The Children's Trust	01737 365 000	
Local	Bedford & District Cerebral Palsy Society	01234 351 759	www.bdcps.org.uk email: cp.enquires@bdcps.org.uk

<b>Bullying</b>			
National	National Children's Bureau	020 7843 6000	www.ncb.org.uk
National	The Advisory Centre for Education (ACE)	0808 800 5793	www.ace-ed.org.uk
National	Childline	0800 1111	www.childline.org.uk
National	BullyingUK	0808 800 2222	www.bullying.co.uk
National	Kidscape	08451 205 204	www.kidscape.org.uk
National	Family Lives	0808 800 2222	www.familylives.org.uk
National	The Diana Award	020 7628 7499	awards-info@diana-award.org.uk

<b>Carers</b>			
Local	Carers in Bedfordshire/ Parents Together	0300 111 1919 01234 214 914	Email: contact@carersinbeds.co.uk www.carersinbeds.co.uk

<b>Challenging Behaviour</b>			
National	The Challenging Behaviour Foundation (for children and adults with SLD)	General enquiries: 01634 838 739 Family support line: 0845 602 7885	www.thecbf.org.uk

<b>Communication</b>			
National	I CAN	0845 225 4073	www.ican.org.uk

<b>Cystic Fibrosis</b>			
National	Cystic Fibrosis Trust	020 8464 7211	www.cysticfibrosis.org.uk/ email: enquiries@cysticfibrosis.org.uk

<b>Diabetes</b>			
Eastern Region	Diabetes UK	01376 501 390	www.diabetes.org.uk email: eastern@diabetes.org.uk

<b>Disadvantaged Children</b>			
National	KidsOut	01525 385 232	www.kidsout.org.uk email: info@kidsout.org.uk

<b>Domestic Violence</b>			
National	National Centre for Domestic Violence	0800 970 2070	www.ncdv.org.uk text: NCDV to <b>60777</b>
National	Domestic Violence Helpline	0808 2000 247	www.nationaldomesticviolencehelpline.org.uk
National	Behind Closed Doors	<b>Outreach Team</b> (Women): 0113 222 4202 <b>Outreach Team</b> (Men): 0113 222 4203	info@behind-closed-doors.org.uk
Local	Bedfordshire Domestic Violence Partnership	0808 2000 247	www.bedsdv.org.uk email: BDAP@centralbedfordshire.gov.uk

<b>Down's Syndrome</b>			
National	Down's Syndrome Association	0845 230 0372	www.downs-syndrome.org.uk email: info@downs-syndrome.org.uk
National	Down's Heart Group	0844 288 4800	www.dhg.org.uk email: info@dhg.org.uk
Local	Bedfordshire Downs Syndrome Support Group	01525 841418	www.bedsdownssyndrome.co.uk email: support@bedsdownssyndrome.co.uk

<b>Drugs/Alcohol Abuse</b>			
Local	B:DAT Bedfordshire Drug & Alcohol Action	0300 300 4149 01234 332901	www.bdat.org.uk email: info@bdat.org.uk
National	FRANK	0300 123 6600	www.talktofrank.com text: <b>82111</b>
Local	CAN Partnership	01234 352220	www.can.org.uk Email: adminbedford@can.org.uk

<b>Dyslexia</b>			
National	British Dyslexia Association	0845 251 9002	www.bdadyslexia.org.uk email: helpline@bdadyslexia.org.uk
Local	South Beds (BDA)	01582 752 444	www.southbedsda.org.uk
National	PATOSS (Tutors)	01386 712 650	www.patoss-dyslexia.org
Local	Dyslexia Success	01234 219193	www.dyslexiasuccess.com email: dyslexiasuccess@aol.com

<b>Dyspraxia</b>			
National	Dyspraxia Foundation	01462 455 016	www.dyspraxiafoundation.org.uk email: dyspraxia@dyspraxiafoundation.org.uk
Local	Dyspraxia Support for parents/carers	01462 454986	www.hertsdyspraxia.org.uk/ email: info@hertsdyspraxia.org

<b>Early Years</b>			
National	British Association for Early Childhood Education	020 7539 5400	www.early-education.org.uk email: office@early-education.org.uk
National	4 Children	020 7512 2100	www.4children.org.uk email: info@4Children.org.uk
National	Home Start UK	0116 258 7900	<a href="http://www.home-start.org.uk">www.home-start.org.uk</a> email: <a href="mailto:info@home-start.org.uk">info@home-start.org.uk</a>
National	National Portage Association	0121 244 1807	<a href="http://www.portage.org.uk">www.portage.org.uk</a> email: <a href="mailto:info@portage.org.uk">info@portage.org.uk</a>
National	National Day Nurseries Association	01484 40 70 70	Ndna.org.uk <a href="mailto:info@ndna.org.uk">info@ndna.org.uk</a>
National	Pre-School Learning Alliance	020 7697 2500	<a href="http://www.pre-school.org.uk">www.pre-school.org.uk</a> <a href="mailto:info@pre-school.org.uk">info@pre-school.org.uk</a>

<b>Eating Disorders</b>			
National	b-eat	Helpline: 0845 634 1414 Youthline: 0845 634 7650	www.b-eat.co.uk Helpline: email: help@b-eat.co.uk Youthline: email: fyp@b-eat.co.uk
Local	Caraline (Anorexia and Bulimia)	Main Office: 01582 457 474  Therapy Room: 01908 231901	www.caraline.com caralined@aol.com

<b>Equality and Human Rights</b>			
National	Equality Advisory & Support Service	Telephone: 0808 800 0082  Textphone: 0808 800 0084	

<b>Emotional and Mental Health (counselling)</b>			
National	Childline	0800 1111	www.childline.org.uk
National	PAPYRUS Prevention of young suicide	HOPELineUK 0800 068 41 41	www.papyrus-uk.org
National	Young Minds	Parents Helpline: 0808 802 5544	www.youngminds.org.uk
National Local	MIND	0845 766 0163 01582 757 625 or 01234 343 969	www.mind.org.uk www.bedsandlutonmind.org.uk
National	Get Connected Helpline	0808 808 4994 or Text: 80849	www.getconnected.org.uk
National	The Anna Freud Centre	020 7794 2313	<a href="http://www.annafreud.org">www.annafreud.org</a> email: <a href="mailto:info@annafreud.org">info@annafreud.org</a>
Local	Bedford Open Door (13-25 years old)	01234 360 388	www.bedfordopendoor.org.uk email: enquiries@bedfordopendoor.org.uk
Local	Talktime (10-21 years old)	01234 356 350	www.relatebedsandluton.org.uk/ email: talktime@relatebedsandluton.org.uk text: 07904 791022

Local	Chums Emotional wellbeing support service	01525 863 924	www.chums.uk.com/emotional-wellbeing- service Email: info@chums.uk.com
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<b>Equipment/Adaptations</b>			
National	The ACT Foundation	01753 753 900	www.theactfoundation.co.uk email: info@theactfoundation.co.uk
National	Action for Kids	0845 300 0237 020 8347 8111	www.actionforkids.org email: info@actionforkids.org
National	Children Today Charitable Trust	01244 335 622	www.children-today.org.uk email: info@children-today.org.uk
Local	Disability Information Service Disability Resource Centre	01234 349988 01582 470900	

<b>Epilepsy</b>			
National	Epilepsy Action	0808 800 5050	www.epilepsy.org.uk email: helpline@epilepsy.org.uk text: 07797 805 390

<b>Exclusion</b>			
National	The Advisory Centre for Education (ACE)	Advice Line: 0808 800 0327 Information Line: 020 7704 9822	www.ace-ed.org.uk
National	Rathbone	0800 731 5321	www.rathboneuk.org

<b>Family Support</b>			
National	Action for Kids	0845 300 0237 020 8347 8111	www.actionforkids.org email: info@actionforkids.org.
National	Family Action	020 7254 6251	www.family-action.org.uk Email: info@family-action.org.uk
National	Family Lives	0808 800 2222	www.familylives.org.uk/advice textphone: 0800 783 6783
National	Family Rights Group	020 7923 2628	www.frg.org.uk



			email: office@frg.org.uk
Local	FACES	01234 270 601	www.facesbedford.org
National	Grandparents' Association	Helpline: 0845 4349585	www.grandparents-association.org.uk

### Hearing Impairment

National	Deafblind UK	0800 132 320 01733 358 100	www.deafblind.org.uk email: info@deafblind.org.uk
National	NDCS	0808 800 8880	www.ndcs.org.uk email: helpline@ndcs.org.uk
National	Action on Hearing Loss (formerly RNID)	0808 808 0123	http://www.actiononhearingloss.org.uk/ email: informationline@hearingloss.org.uk
National	SENSE	Tel: 0300 330 9250 Textphone: 0300 330 9252	www.sense.org.uk email: info@sense.org.uk

### Holidays for Families with Children with SEN/Children in Need (charities)

National	The Family Holiday Association	020 3117 0650	www.fhaonline.org.uk email: info@FamilyHolidayAssociation.org.uk
National	The ACT Foundation (recreational and short breaks)	01753 753 900	www.theactfoundation.co.uk email: info@theactfoundation.co.uk

### Incontinence

National	Eric	0845 370 8008	www.eric.org.uk email: info@eric.org.uk
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### Learning Difficulties

National	British Institute of Learning Difficulties (BILD)	0121 415 6960	www.bild.org.uk email: enquiries@bild.org.uk
National	Foundation for People with Learning Disabilities	0808 808 1111	www.learningdisabilities.org.uk
National	MENCAP	0300 333 1111 (Mencap Direct) 0808 808 1111	www.mencap.org.uk email: help@mencap.org.uk

		(learning disability helpline)	
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<b>Lone Parents</b>			
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National	Gingerbread Single Parent Helpline	0808 802 0925	www.gingerbread.org.uk info@gingerbread.org.uk
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<b>ME</b>			
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National	The ME Association	0844 576 5326	www.meassociation.org.uk email: meconnect@meassociation.org.uk
Local	Bedfordshire ME Support Group	01525 750 078	www.sleepydust.net/beds email: bedsmesg@googlemail.com
National	Muscular Dystrophy Group	Freephone 0800 652 6352	www.muscular-dystrophy.org email: info@muscular-dystrophy.org

<b>Oppositional Defiant Disorder</b>			
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National	Kids' Behaviour		www.kidsbehaviour.co.uk
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<b>Parent Support</b>			
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National	Family Lives	0808 800 2222	www.familylives.org.uk/advice textphone: 0800 783 6783
Local	Parents Together (support for carers)	01767 315079	email: elaine.wallbank@carersinbeds.org.uk

<b>Personal Budgets</b>			
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National	In Control	01564 821 650	<a href="http://www.in-control.org.uk">www.in-control.org.uk</a> Email: <a href="mailto:admin@in-control.org.uk">admin@in-control.org.uk</a>
National	KIDS		<a href="http://www.kids.org.uk">www.kids.org.uk</a>

<b>Rett Syndrome</b>			
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Local	Rett Syndrome Association UK	01582 798 911	www.rettuk.org email: support@rettuk.org
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<b>School Support (Funding)</b>			
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Local	Bedford Educational	01234 300 500	
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	Association		
Local	Volunteer Centre Bedford	01234 213100	www.voluntaryworks.org email: volunteer@bedfordvb.org.uk
National	The Prince's Trust	0800 842 842	www.princes-trust.org.uk

### Sibling Support

National	Sibs	01535 645 453	www.sibs.org.uk
National	Support for Siblings of Children with Special Needs		www.special-needs-kids.co.uk/siblings.htm Email: enquiries@special-needs-kids.co.uk

### Sick children

National	Action for Sick Children	0800 074 4519	www.actionforsickchildren.org
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### Sickle Cell Disease

National	Sickle Cell Society	020 861 7795	www.sicklecellsociety.org email: info@sicklecellsociety.org
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### Sleep Difficulties

National	Sleep Solutions within Scope	0808 800 3333	<a href="http://www.scope.org.uk/support/services-directory/sleep-solutions-tailored-service-for-families">www.scope.org.uk/support/services-directory/sleep-solutions-tailored-service-for-families</a> email: helpline@scope.org.uk
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### Speech & Language Impairment

National	AFASIC	0300 666 9410	www.afasic.org.uk email: info@afasic.org.uk
National	I CAN	0845 225 4073	www.ican.org.uk info@ican.org.uk

### Sensory Impairment

National	National Sensory Impairment Partnership		www.natsip.org.uk
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### Spina Bifida/Hydrocephalus

Local	Shine Charity	01733 555 988	www.shinecharity.org.uk
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National	Headway	0808 800 2244	www.headway.org.uk/hydrocephalus.aspx helpline@headway.org.uk
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<b>Sport for Young People with Disability</b>			
National	English Federation of Disability Sport (EFDS)	0161 247 5294	www.efds.co.uk email: federation@efds.co.uk
Local	AFC Kempston Disability Football	07939 201 617 Les Dedman	
Local	Marlins (Special Needs Water Activity Club)	01234 351 988	email: marlins.swimclub@ntlworld.com
Local	Sports Zone	01234 227276	krolfe@sharnbrook.beds.sch.uk

<b>Support for Young People</b>			
National	Barnardo's	020 8551 0011 0808 800 5000	www.barnardos.org.uk
National	The Children's Society	0845 300 1128 0300 303 7000	www.childrensociety.org.uk email: supporter@childrensociety.org.uk
National	Potential Plus UK	0845 450 0295 01908 646433	www.potentialplusuk.org
National	Action for Children	0300 123 2112	www.actionforchildren.org.uk email: ask.us@actionforchildren.org.uk
National	NSPCC	Helpline: 0808 800 5000 Childline: 0800 1111	www.nspcc.org.uk email: help@nspcc.org.uk textphone: 0800 056 0566
National	UNICEF UK	0300 330 5580	www.unicef.org.uk

National	Who Cares? Trust	020 7251 3117	www.thewhocarestrust.org.uk email: mailbox@thewhocarestrust.org.uk
National	Silent Secret	Download App for Android and Apple	contact@silentsecret.uk

### Support for Parents/Carers

National	Face to Face befriending service	0844 800 9189	www.scope.org.uk/face2face
National	Family Footings (MacIntyr)	01908 230 100	www.familyfootings.org
Local	Carers in Bedfordshire	0300 111 1919	www.carersinbeds.co.uk email: contact@carersinbeds.co.uk
Local	Families United Network	01582 470999	www.familiesunitednetwork.org.uk email: info@familiesunitednetwork.org.uk
National	Contact a Family (for families with disabled children)	0808 808 3555	www.cafamily.org.uk email: helpline@cafamily.org.uk textphone: 0808 808 3556
National	Cambian Group	0800 1381418	www.oaasis.co.uk email: education@cambianguroup.com
National	Family Lives	0808 800 2222	www.familylives.org.uk
National	Family Matters	01767 641 002	www.familymatters.org.uk
National	Netmums		www.netmums.com contactus@netmums.com
National	Together for Short Lives	0808 8088 100	www.togetherforshortlives.org.uk

### Tourette Syndrome

National	Tourette Syndrome (UK) Association	0300 777 8427	www.tsa.org.uk email: help@tourettes-action.org.uk
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### Transition(14+)

National	Rathbone	0800 731 5321	www.rathboneuk.org
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### Visual Impairment

National	Blind Children UK	0800 781 1444	<a href="http://www.blindchildrenuk.org/">www.blindchildrenuk.org/</a> email: <a href="mailto:services@blindchildrenuk.org">services@blindchildrenuk.org</a>
National	Royal National Institute of Blind People (RNIB)	0303 123 9999	<a href="http://www.rnib.org.uk">www.rnib.org.uk</a> email: <a href="mailto:helpline@rnib.org.uk">helpline@rnib.org.uk</a>
National	LOOK UK	0121 428 5038	<a href="http://www.look-uk.org">www.look-uk.org</a> email: <a href="mailto:information@look-uk.org">information@look-uk.org</a>